

Dear Parents,

I would like to start by saying a 'massive well done!' to both parents and children for accessing online learning over the past 2 weeks.

We understand the additional pressures that families are currently under and appreciate that so many of you are supporting these new home learning arrangements!

From next week we will be making some changes to further improve what we do as explained below.

### **Microsoft Teams Check In**

Teachers will be contacting you, via seesaw, with details of morning check in sessions for pupils to meet their class teacher and their friends. These meetings will take place several times per week. The frequency will depend on the age of the children. Sessions will start at 9 and last for up to 20 minutes. They will give your child an opportunity to chat to their teacher and play games/ have some fun with their friends. Activities will vary from story sessions, quiz time, show and tell etc... We would ask that parents are present/ in the same room whilst pupils log into these sessions for safeguarding purposes. Please also complete the online learning agreement which can be accessed from the following links.



[https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4\\_TzS3ZEGUCRtgHRR5k\\_v78bamPZ5Fm7o7WDfPQTRUMIM2R0ZCTzExRFJSNIVQRzFXNVdHUVg5VS4u](https://forms.office.com/Pages/ResponsePage.aspx?id=Ug4_TzS3ZEGUCRtgHRR5k_v78bamPZ5Fm7o7WDfPQTRUMIM2R0ZCTzExRFJSNIVQRzFXNVdHUVg5VS4u)

### **Wellbeing Wednesday**

COVID-19 has had a huge impact on our daily lives, creating additional pressures and anxieties for staff parent and pupils.

Personal and Social Education has always formed part of the foundation phase curriculum and Health & Wellbeing is one of six new 'key areas of learning'. Good mental and physical health is so important for all of us as we live such complex lives!

With that said, 'Wellbeing Wednesday' provides time for pupils to take care of their own mental health. Teachers will be providing some ideas to get you started and will also be available to contact on Wednesdays. What you decide to do will depend on you! It could be going out for a long walk as a family, watching a film, making a cake, resting or sleeping in! Teachers would love for you to send pictures and responses to tell them how you are using your 'Wellbeing Wednesday'.

We would encourage you to try and limit screen time where possible and to get children out and about as there is also of evidence to show that children sleep better if they have been outside! There are no written work expectations on a Wednesday but feel free to send in pics of the fun you are having!

### **Booking in for Keyworker Sessions**

Please can we ask that you book sessions, by Friday every week, for the following week, using the email address provided. This will assist us in ensuring we have enough staff available to support the children. We cannot guarantee places if you fail to book sessions in this way. Thank you!

[ysgolywaunschool@gmail.com](mailto:ysgolywaunschool@gmail.com)

Yours Sincerely,

J. Roberts

